



CPD Health Courses

THE DRY NEEDLING SPECIALISTS
SAFE . CONFIDENT . EFFECTIVE

These are the Muscles & Tissues that you'll learn how to treat at our Medical Acupuncture/Dry Needling Course:

1. Brachioradialis
2. Extensor Carpi Radialis Brevis
3. Extensor Carpi Radialis Longus
4. Extensor Carpi Ulnaris
5. Extensor Digitorum
6. Deltoid
7. Triceps
8. Biceps
9. Rectus Femoris
10. Vastus Lateralis
11. Vastus Medialis
12. Upper Trapezius
13. Biceps Femoris
14. Semitendinosus
15. Semimembranosus
16. Gluteus Maximus
17. Gluteus Minimus
18. Gluteus Medius
19. TFL
20. Tibialis Anterior
21. Peroneus Longus
22. Infraspinatus
23. Supraspinatus
24. Teres Major
25. Teres Minor
26. Latissimus Dorsi
27. Gastrocnemius
28. Soleus
29. Multifidi
30. Lumbar Erector Spinae
31. Quadratus Lumborum